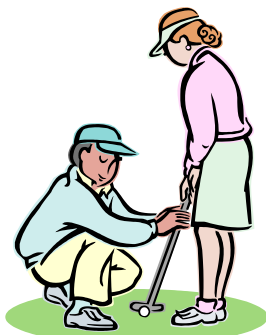


## Annual Meeting May 21, 2007

Our annual meeting will take place Monday, May 21<sup>st</sup> at the Muriel Humphrey Center beginning at 7 pm with a light supper. The annual meeting is a time to honor the many volunteers who have given so freely of their time and talents to help us. We will also be electing new officers and members of the Board of Directors. Please join us for a nice evening together.

## Volunteers Needed for Golf Tournament!

If you would like to help with the Golf Tournament, please contact **Susan Rudolph**, our Assistant Executive Director, who is heading up the Volunteer Committee. She needs help the day of the event and with preparation for the event. Susan can be reached at [srudolph@arcgpw.org](mailto:srudolph@arcgpw.org) or our main number, 703-670-4800.



## The Arc's 1st Annual Golf Tournament

Join us for a fun day on the golf course on **Friday, May 11<sup>th</sup>** at **Forest Greens Golf Club in Triangle**. We are planning a wonderful day of golf, as well as some fantastic prizes and silent auction items. It costs only \$100.00 per golfer, which includes green fees, golf cart, and a buffet lunch and dinner.



Under the wonderful leadership of Committee Chair, **Bob Seefeldt**, and his wife, **Kathleen**, our Honorary Chairperson, we are well underway to success. This is the first time we've sponsored a golf tournament from start to finish. We've had community groups sponsor a tournament on our behalf but we've never had to oversee every detail.

Every year we are faced with new funding challenges to support and grow our many programs and activities. We must raise money to support these needed services in order to serve all those requiring our help. Please help us by playing in the tournament with your friends and neighbors. If not a golfer, please send a donation or volunteer to help us that day.

*I Love Paris in the  
Springtime is  
this year's annual  
Spring formal theme*

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## Winners of the St. Patrick's Day Dance-A-Thon

**Congratulations to Michelle Middleton**, first place winner, **Joe Harvey**, second place winner, and **Thad Deputy** and **Bobby Thomasson** who shared third place for raising the most money at our annual St. Patrick's day dance a thon.

Thanks goes to all the many people that participated and had a wonderful time eating pizza and "dancing with the green." Your efforts raised \$4,100 that will support the recreation program. In addition, **Thrivent Lutheran Insurance** matched your efforts with another \$1,000. For the past several years we have had the support of **Thrivent** and we want to thank them for their continued help in supporting this worthwhile program. Without our recreation program, there would be few opportunities for social interaction for many of our participants.

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## Direct Care Workers Recognized



The Prince William Community Services Board, as part of Mental Retardation month, recognized a number of our direct care staff members for their dedication and caring towards adults with developmental disabilities at a ceremony in

March. Consumers and family members were asked to nominate direct care staff members who made a difference in someone's life in programs funded through the Community Services Board. The following people were honored from our staff:

**Erna Gilker, Spinaweb**

**Pat Henshaw, VOSAC**

**Terri Clay, Supported Living**

**Terri Collins and Staff, Neddleton Group Home**

**Melissa Arredondo, Sharon Road Group Home**

**Tom Terrell, VOSAC**

Congratulations for your commitment to helping people have "A Life Like Yours."

### **The Arc of Greater Prince**

**William** is a not-for-profit organization that provides opportunities for individuals with developmental disabilities and support for their families.

13505 Hillendale Drive

Woodbridge, VA 22193

703-670-4800

Fax: 703-670-8648

Website: [www.arcgpw.org](http://www.arcgpw.org)

### **Board of Directors**

#### **Officers**

*John Bartenhagen – President*

*Robert Seefeldt – Vice-President*

*Betty Ann Maher – Secretary*

*Paula Renfro – Treasurer*

#### **Members**

*Angela Atwater*

*Obediah Baker*

*Rachella Beavers*

*Loretta Cosby*

*Sherry Dunphy*

*Mark Fletcher*

*Bonnie Hawley*

*Anthony Geisler*

*Ray Roberson*

*Paul Styer*

*Paul Weisenberger*

*Duane York*

#### **Executive Director**

*Karen Smith*

*Arc Accents is published quarterly*

The  
**Arc**  
of Greater Prince William/INSIGHT, Inc

# Recreation Events

April 11 - June 13	Wednesdays	Take Two Drama Manassas Park H.S.	6:30pm – 7:30pm
TBA		Water Aerobics	TBA
TBA		Water Walking	TBA
May 31- June 21	Thursdays	Kick Ball Beville M.S.	6:30pm - 7:30pm
June 15		Formal	7:00pm - 10:00pm

## Strategic Planning Committee Busy

Under the capable leadership of Board of Director member **Ray Roberson**, several members of the Board and key staff leaders have been developing and refining a strategic plan for the next three years. It's been a challenge knowing the growing need for services especially in the Gainesville/Haymarket area and limited future funding to support new services.

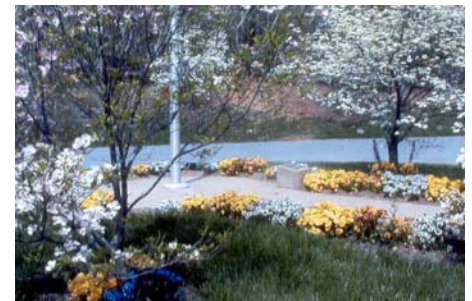
## Our Advocacy Efforts Pay Off

We were successful in convincing the Virginia state legislators that a northern Virginia differential for Medicaid Waiver is essential. They approved a 15% differential starting July 1<sup>st</sup>, which will make an enormous difference to our agency, especially in our residential services. A total of 330 new Waiver slots were approved so that some of the people on the critical wait list will be able to receive services for the first time.

## Arc Chapter Award

Our Arc was the recipient of the 2007 "A Life Like Yours" Arc Chapter Award from The Arc of Virginia presented to us at their annual meeting on Saturday, March 17<sup>th</sup> in Richmond.

This was a special honor. We were nominated by the Northern Virginia Arc chapter for our advocacy and services to people with developmental disabilities. We've worked very hard this year in collaboration with the Northern Virginia chapter on several statewide concerns promoting the Arc of Virginia's campaign "A Life Like Yours." **John Bartenhagen**, President, **Karen Smith**, Executive Director, and **Susan Rudolph**, Assistant Executive Director, were on hand to accept the award presented by Nita Grignol, President of The Arc of Virginia.



Answer to our Mystery Guest:

Our faithful gardener:

**PAUL WEISENBERGER**

# Spring Formal

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## I Love Paris in the Springtime

Dust off your dancing shoes. Our annual Spring Formal Dinner Dance for adults with developmental disabilities will be held on Friday, June 15<sup>th</sup> at VFW Post 1503 on Minnieville Road in Woodbridge. The people who attend have a fantastic evening getting dressed up in fine clothes, eating great food and dancing the night away. This dance is always one of the highlights of the year. Contact **Joy Ocetnik** at [jocetnik@arcgpw.org](mailto:jocetnik@arcgpw.org) for more details.

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## *13<sup>th</sup> Annual Circle of Support Conference to Be Held*

The 13<sup>th</sup> annual Circle of Support Conference, a conference for families of children with special needs and the professionals who work with them, will be held Saturday, November 3, 2007, from 8:30 am – 3:30 pm in Woodbridge, Virginia. The Arc of Greater Prince William, along with numerous community partners, sponsors this event. This year's keynote is Rick Lavoie ([www.ricklavoie.com](http://www.ricklavoie.com)) who will speak on "It's So Much Work to Be Y our Friend" . The conference will also include a minimum of 30 workshops, at least two of which will be in Spanish, exhibitors and vendors, on-site childcare and Sibshops, and much more. Financial sponsors for this event (so far) are Potomac Hospital, Prince William County Public Schools Special Education Department, Progeny Systems Corporation, and the Wal-Mart on Liberia Avenue in Manassas. For more information or to be placed on the mailing call, call Jan Russell at (703)730-3124 or e-mail her at [jrussell@arcgpw.org](mailto:jrussell@arcgpw.org).

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## Meet our Accounting Supervisor Leslie Smith



Leslie Smith, CPA, joined our staff as our Accounting Department Supervisor. Not only do we need good direct care workers but we also need outstanding support

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**“Another  
great staff  
member”**

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staff members. Our agency has very complicated funding streams and numerous program cost centers with various reporting requirements. For the past few years, we have needed additional help in our accounting department because of the increased heavy workload. We are delighted to find someone as qualified as Leslie Smith to join our team. She will

be working with Marilyn Bicksler and Barbara Horne, two of our dedicated long-term employees in the accounting department.

**WELCOME!**



## Membership Application

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Teen Membership	\$6.00	Individual/Family	\$15.00
Adult Self Advocate	\$6.00	Business	\$50.00

*Dues and Donations are Tax Deductible*

Mail to:

The Arc — GPW  
13505 Hillendale Drive, Woodbridge, VA 22193

## Membership Has Its Privileges

We hope you are a member of the Arc. Exciting things are happening at our agency and we hope you are proud of the work we try to accomplish. We are a membership organization open to anyone who is interested in supporting people with developmental disabilities. As a member, you automatically belong to the state and national advocacy organizations and you will receive their newsletter to keep you informed of their activities. We need you to join with us as we grow.



## *Project Mend A House Helps Robert Day Center*

Through the help of **Project Mend A House**, the Robert Day Child Care Center recently had new floors installed, the outside entrance ramp repaired and a much-needed new storage shed placed on the back of the property. **R.W. Murray Co. of Manassas** gave the money and expertise to this project and we are very grateful for their generous donation. We are thankful for one of our community partners, Project Mend A House who coordinated the project and provided some of the workers.



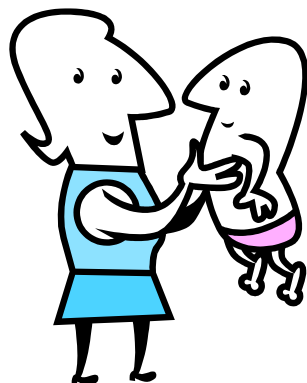
# Up Coming Workshops

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On Tuesday, May 8, 2007, from 7 – 9 p.m., a workshop will be presented on [Psychotropic Medications for Students with Disabilities](#). Dr. Michael Sherer, a psychiatrist at the Northern Virginia Training Center, will present. He will review recent developments in psychotropic medications and psychotropic medication prescription practices for students who also present with psychiatric difficulties. (Note: A psychotropic medication is one that alters brain function, resulting in temporary changes in mood, consciousness, or behavior.) The workshop will be held at the Muriel Humphrey Center. Childcare is available and light refreshments will be served. Please contact Jan Russell at (703) 730-3124 to register or for more information or e-mail her at [jrussell@arcgpw.org](mailto:jrussell@arcgpw.org).

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On Wednesday, May 23, 2007, from 7 – 9 p.m., a workshop will be presented on [Special Care™: Financial Strategies for the Special Needs Family](#). Topics to be covered include the 10 comprehensive planning steps, such as choosing a guardian or trustee, identifying the financial resources, letter of intent, establishing a special needs trust, and more. The workshop will be presented by Catherine Ford of The Washington Group and will be held at the Muriel Humphrey Center. Childcare is available and light refreshments will be served. Please contact Jan Russell at (703) 730-3124 to register or for more information or e-mail her at [jrussell@arcgpw.org](mailto:jrussell@arcgpw.org).



Don't forget  
Mother's Day  
May 13, 2007

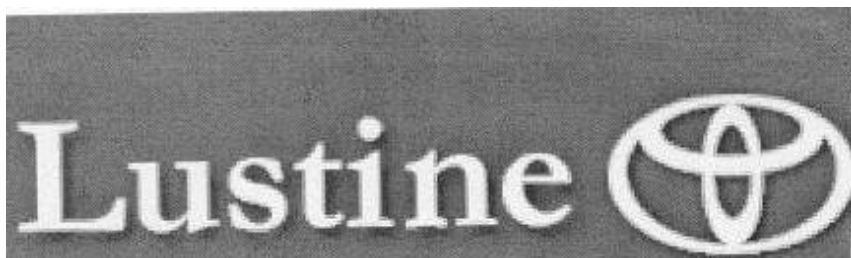
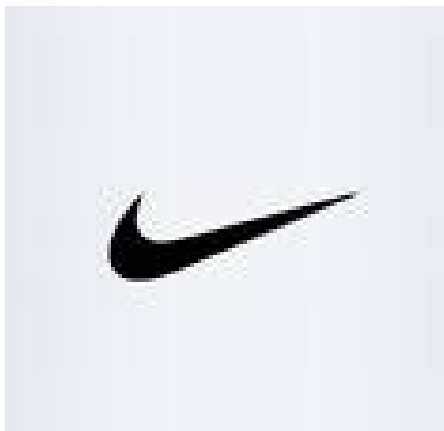
# Hole in One Prizes:

*2007 Toyota Camry*

*Bally's Las Vegas 5 day, 4 night getaway*

*Nike Golf Balls*

*Nike Sasquatch*



## Return Service Requested

## In This Issue

- Golf Tournament
- Annual Meeting
- Schedule of Events
- Agency Awards
- From Where I Sit

## FROM WHERE I SIT

Karen L. Smith, Executive Director

I hope you have been touched in a positive way by one of our great staff persons. We have some wonderful people working for The Arc/INSIGHT and these staff members are what makes the agency what it is today. A few of these individuals were recognized at a county ceremony for providing outstanding direct care to the people we serve.

A few years ago we had a difficult time recruiting and retaining the right people. The work is not easy and certainly the pay is not very much. Some of them must work two jobs to live in our community.

Lately we see a renewed energy and enthusiasm for being a part of this great agency. After a long day at work, many of our staff members are willing to attend meetings or county budget hearings to advocate on behalf of those we serve. The next time you see one of our staff members, try to remember to thank them for what they do. They do it on behalf of you.

**“The work is not easy and the pay is not very much.”**